

6560 Fannin, Suite 1750
Houston, TX 77030
713-790-0400

Pre Procedure Information: Baylor St. Luke's Medical Center

At least 3 days prior to procedure: Call St. Luke's to **pre-register**. 832-355-0000 option 3

Day of procedure: Please arrive at 6 Tower Outpatient Unit of St. Luke's at _____.

Where to go: 6720 Bertner, Follow signs to the Cooley Building, Take the Green Elevators to the 6th floor and turn to the desk on your right to find the receptionist.

What to bring:

- Driver's license or picture ID
- Insurance cards
- All your current medications
- Packet given to you by our office (make sure it has been reviewed and completed)

Be sure to:

- Review the attached papers about which medications you will need to stop prior to your procedure.
- Wear comfortable and loose fitting clothing

Food?

- Consume clear liquids only, starting 6 hours before the procedure
- Not take in any food or drink for 2 hours before the procedure

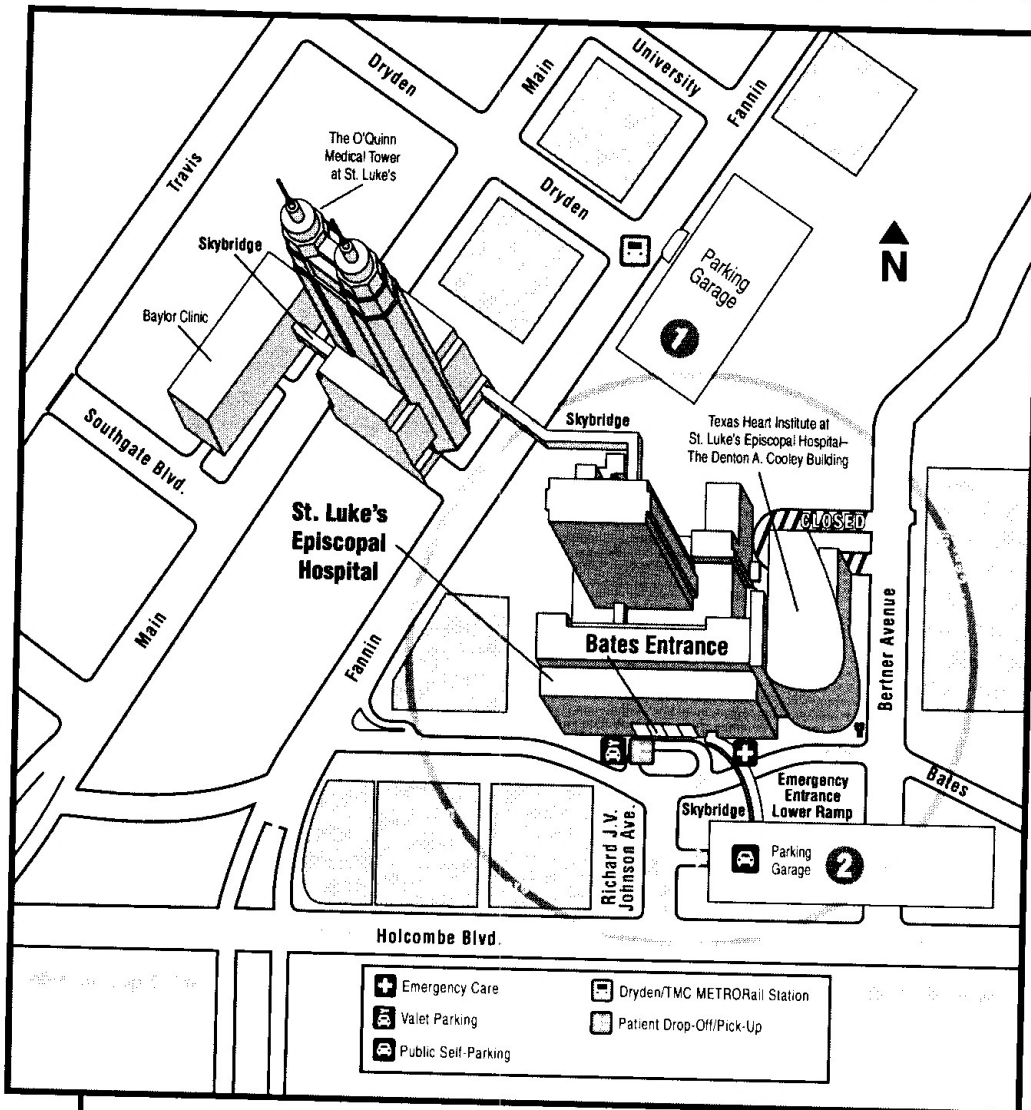
Do NOT:

- Bring any valuables such as jewelry, excess money, or credit cards

You will NOT be allowed to drive yourself home. Make certain that the person who accompanies you is able to drive.

If you have any questions, please contact our office at 713-790-0400 or you may also contact The 6 Tower Outpatient Unit 832-355-3346

6 Tower & Cardiac Catheterization Lab 6720 Bertner Ave.



DRIVING DIRECTIONS

From Bush Intercontinental Airport/ US-59 South:

- Depart Intercontinental Airport onto Will Clayton Blvd.
- Take Will Clayton to US-59 South
- Take US-59 South for 17 miles
- Take the TX-288 South exit toward Freerport/Lake Jackson
- After two miles, take the Holcombe Blvd./Old Spanish Trail exit
- Turn right onto Holcombe Blvd.
- After one and a half miles, turn right on Richard J.V. Johnson Ave.

From Hobby Airport/I-45 North:

- Depart Hobby Airport onto Broadway
- Take Broadway to I-45 North
- Exit I-45 North onto the 610 Loop West
- Follow 610 Loop West and exit TX-288 North toward downtown
- After less than one mile on TX-288, take the Yellowstone Blvd. exit. After one half mile, turn left onto Holcombe Blvd.
- After one and a half miles, turn right on Richard J.V. Johnson Ave.

From San Antonio (traveling East):

- I-10 East to I-610 South to US-59 North
- Take Kirby Dr. exit South (turn right)
- After two miles, turn left onto Holcombe Blvd.
- After one mile, turn left on Richard J. V. Johnson Ave.

From New Orleans, LA (traveling West):

- I-10 West to US-59 South to TX 288 South
- After two miles, take the Holcombe Blvd./Old Spanish Trail exit
- Turn right onto Holcombe Blvd.
- After one and a half miles, turn right on Richard J.V. Johnson Ave.

From Dallas (traveling South):

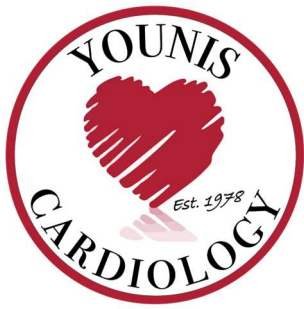
- I-45 South to TX 288 South
- After two miles, take the Holcombe Blvd./Old Spanish Trail exit
- Turn right onto Holcombe Blvd.
- After one and a half miles, turn right on Richard J.V. Johnson Ave.

From US-59 (traveling North):

- US-59 North
- Take Kirby Dr. exit South (turn right)
- After two miles, turn left onto Holcombe Blvd.
- After one mile, turn left on Richard J.V. Johnson Ave.

WHEN YOU ARRIVE

Drop-off the patient and/or valet park at the Bates Street entrance. Self-parking is available in Garage 2, which is across Bates Street from St. Luke's Episcopal Hospital. From the Bates entrance, follow the signs to the Green Elevators. Take the Green Elevator to the sixth floor. The 6 Tower Outpatient check-in desk will be to the right of the elevators.



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Please consult the physician managing your diabetes prior to holding any diabetic medication for alternative blood sugar control.

If you take the following GLP-1 Receptor Agonist, please hold the day of the procedure, and restart the next day after you resumed a normal diet:

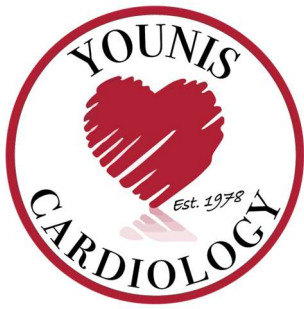
Brand Name	Generic Name	Dosing Frequency
Byetta	exenatide (IR)	Twice daily injection
Saxenda, Victoza	liraglutide	Once daily injection
Adlyxin	lixisenatide	Once daily injection
Rybelsus	semaglutide	Once daily Oral
Byetta	exenatide (IR)	Twice daily injection

If you take the following GLP-1 Receptor Agonist, please hold one week prior to the procedure, and restart the next day after you resumed a normal diet:

Brand Name	Generic Name	Dosing Frequency
Trulicity	dulaglutide	Once a week injection
Bydureon BCise	exenatide (ER)	Once a week injection
Ozemic, Wegovy, others	semaglutide	Once a week injection
Mounjaro	Tirzepatide	Once a week injection

If you are taking one of the following SGLT2 Inhibitors, please hold 3 days prior and 3 days post procedure and you have resumed a normal diet.

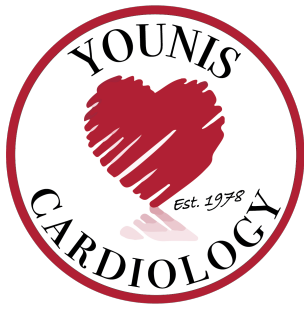
Brand Name	Generic Name
Brenzavvy	bexagliflozin
Invokana	canadliflozin
Farxiga	dapagliflozin
Jardiance	empagliflozin
Steglatro	ertugliflozin



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If you are taking one of the following medications that contain metformin, it is very important to NOT TAKE it the DAY OF the procedure AND 48 HOURS AFTER the procedure.

Brand Name	Generic Name
Glucophage, Glucophage XR, Glumetza, Fortamet, Riomet	metformin
Metaglip	glipizide/metformin
Glucovance	glyburide/metformin
ActoplusMet	pioglitazone/metformin
AvandaMet	rosiglitazone/metformin
Janumet	sitagliptin/metformin
PrandiMet	repaglinide/metformin
Kazano	alogliptin/metformin
Ivokamet	canagliflozin/metformin
Xigduo XR	dapagliflozin/metformin
Synjardy	empagliflozin/metformin
Jentadueto	linagliptin/metformin
Kombiglyze XR	metformin/saxagliptin



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Instructions for PDE5 Inhibitors

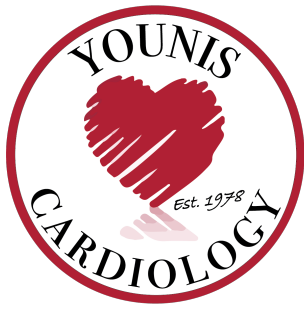
If you are taking any of the follow medications, please **DO NOT TAKE** them for 3 days prior to the procedure as it may lead profound drop in your blood pressure.

Viagra

Levitra

Cialis

If you have any questions please call 713-790-0400.



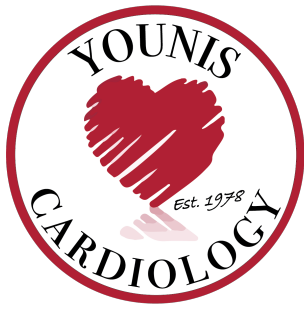
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Instructions for Iodine Allergy

Take Prednisone 50 mg tablet at each of these times:

- The night before the procedure and
- The morning of the procedure and
- On arrival to the facility for the procedure

If you have any questions please call 713-790-0400.



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What to do with your blood thinners before your angiogram.

If you are taking Coumadin (warfarin), please discontinue use 5 days prior and make arrangements to have a PT/INR done first thing in the morning the day before your procedure. The blood test will need to be done stat (meaning it is resulted the same day). It is important that you call our office around noon that day for results.

If you are taking any one of the following blood thinners, please discontinue use 2 days prior to your procedure. No blood test is needed.

Eliquis (apixaban)

Pradaxa (dabigatran)

Xarelto (rivaroxaban)