



Scurlock Tower
6560 Fannin, Suite 1750
Houston, TX 77030
713-790-0400
Fax 713-799-2121

Pre-Procedure Information - Houston Methodist Hospital

At least 3 days prior to procedure: Call Houston Methodist to **pre-register**. 713-394-6800

Day before procedure:

- You will be contacted by Methodist with your arrival time.
- If you have not been called please contact them at 346-238-7410

Day of procedure:

Where to go :

- Check in at **Walter Tower**, Methodist Hospital, 4th floor
6551 Bertner Avenue, Houston TX 77030.
- Valet parking is free.

What to bring:

- Driver's License or photo ID
- Insurance cards
- All current medications
- Packet given to you by our office. Please make sure it has been reviewed and completed.

Be sure to:

- Review information regarding which medications may need to be stopped prior to the procedure.
- Wear comfortable and loose fitting clothing

Food?

- Consume clear liquids only, starting 6 hours before the procedure
- Not take in any food or drink for 2 hours before the procedure

Do NOT:

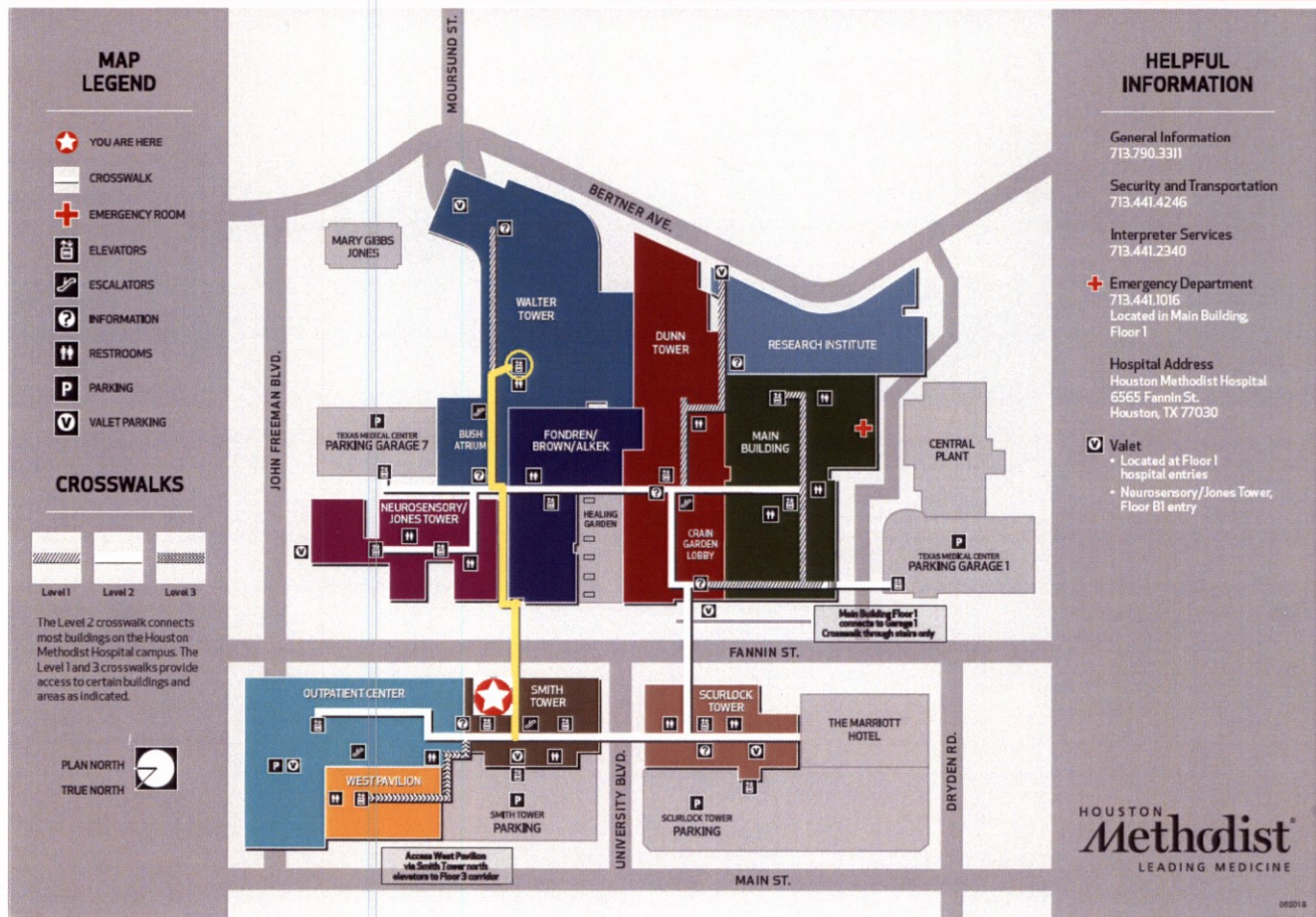
- Bring valuables (jewelry, excess cash/credit cards)

Driver:

- **You will not be allowed to drive yourself home.**
- Make certain the person accompanying you is able to drive.

Questions? • Please contact our office 713-790-0400 or Methodist Cath Lab 346-238-7453

Walter Tower Cardiac Cath Lab Directions



HELPFUL INFORMATION

- General Information**
713.790.3311
- Security and Transportation**
713.441.4246
- Interpreter Services**
713.441.2340
- Emergency Department**
713.441.1016
Located in Main Building, Floor 1
- Hospital Address**
Houston Methodist Hospital
6565 Fannin St.
Houston, TX 77030
- Valet**
- Located at Floor 1 hospital entries
 - Neurosensory/Jones Tower, Floor B1 entry

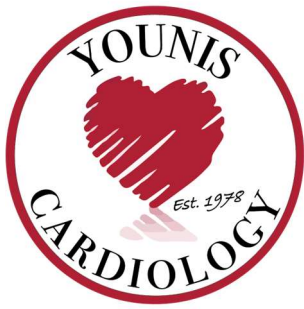
6551 Bertner Ave. Houston, TX 77030 | 4th Floor

New Location from the Smith Tower

- Smith Tower crosswalk into Houston Methodist Hospital.
- Continue on the pathway on the crosswalk directly into the Walter Tower.
- Walk through the Bush Atrium.
- The public elevators are on your right towards the front of the building.
- Take the public elevators to the 4th Floor - AOD / Cath Lab check-in.

For more information please contact our reception area at (346) 238-7410.





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Please consult the physician managing your diabetes prior to holding any diabetic medication for alternative blood sugar control.

If you take the following GLP-1 Receptor Agonist, please hold the day of the procedure, and restart the next day after you resumed a normal diet:

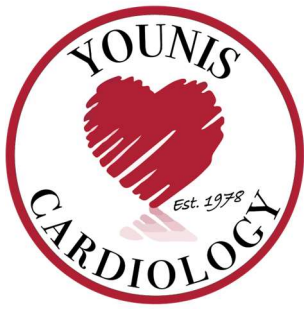
Brand Name	Generic Name	Dosing Frequency
Byetta	exenatide (IR)	Twice daily injection
Saxenda, Victoza	liraglutide	Once daily injection
Adlyxin	lixisenatide	Once daily injection
Rybelsus	semaglutide	Once daily Oral
Byetta	exenatide (IR)	Twice daily injection

If you take the following GLP-1 Receptor Agonist, please hold one week prior to the procedure, and restart the next day after you resumed a normal diet:

Brand Name	Generic Name	Dosing Frequency
Trulicity	dulaglutide	Once a week injection
Bydureon BCise	exenatide (ER)	Once a week injection
Ozemic, Wegovy, others	semaglutide	Once a week injection
Mounjaro	Tirzepatide	Once a week injection

If you are taking one of the following SGLT2 Inhibitors, please hold 3 days prior and 3 days post procedure and you have resumed a normal diet.

Brand Name	Generic Name
Brenzavvy	bexagliflozin
Invokana	canadliflozin
Farxiga	dapagliflozin
Jardiance	empagliflozin
Steglatro	ertugliflozin



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If you are taking one of the following medications that contain metformin, it is very important to NOT TAKE it the DAY OF the procedure AND 48 HOURS AFTER the procedure.

Brand Name	Generic Name
Glucophage, Glucophage XR, Glumetza, Fortamet, Riomet	metformin
Metaglip	glipizide/metformin
Glucovance	glyburide/metformin
ActoplusMet	pioglitazone/metformin
AvandaMet	rosiglitazone/metformin
Janumet	sitagliptin/metformin
PrandiMet	repaglinide/metformin
Kazano	alogliptin/metformin
Ivokamet	canagliflozin/metformin
Xigduo XR	dapagliflozin/metformin
Synjardy	empagliflozin/metformin
Jentadueto	linagliptin/metformin
Kombiglyze XR	metformin/saxagliptin



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Instructions for PDE5 Inhibitors

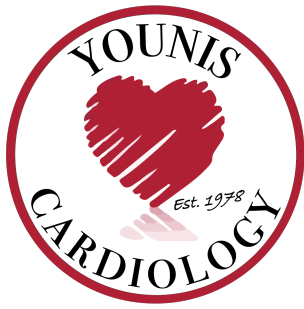
If you are taking any of the follow medications, please **DO NOT TAKE** them for 3 days prior to the procedure as it may lead profound drop in your blood pressure.

Viagra

Levitra

Cialis

If you have any questions please call 713-790-0400.



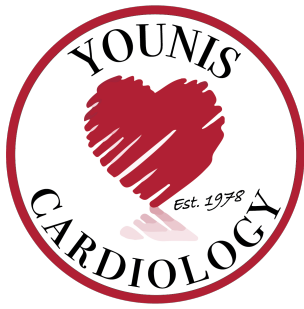
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Instructions for Iodine Allergy

Take Prednisone 50 mg tablet at each of these times:

- The night before the procedure and
- The morning of the procedure and
- On arrival to the facility for the procedure

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What to do with your blood thinners before your angiogram.

If you are taking Coumadin (warfarin), please discontinue use 5 days prior and make arrangements to have a PT/INR done first thing in the morning the day before your procedure. The blood test will need to be done stat (meaning it is resulted the same day). It is important that you call our office around noon that day for results.

If you are taking any one of the following blood thinners, please discontinue use 2 days prior to your procedure. No blood test is needed.

Eliquis (apixaban)

Pradaxa (dabigatran)

Xarelto (rivaroxaban)