



PET/CT and Calcium Score Instructions

LOCATION	DATE	TIME
☐ Fannin Tower: 6624 Fannin St Suite 1920 Houston 77030		
☐ Modern Heart: 7400 Fannin St Suite 650 Houston 77054		

CALCIUM SCORE INSTRUCTIONS

- This is a very quick CT Scan. No preparation is required. If you are having a calcium score exam only, you do not need to follow the instructions below.

PET/CT SCAN INSTRUCTIONS

24 HOURS BEFORE

- Do not eat or drink anything that has caffeine, including coffee, tea, decaffeinated products, Excedrin, chocolate, cocoa, herbal teas, and soda for 24 hours before your exam.
- Drinking juice, Gatorade, and water are okay. Drink plenty of fluids the morning of the test.
- **No Caffeine! Caffeine will interfere with the results of the test**

4 HOURS BEFORE

- Do not eat or drink anything except water, juice, and Gatorade.
- If diabetic, do not take any diabetes medications until they can be taken with food. Bring the meds with you.

REMINDERS

- Your appointment is scheduled at the location listed above. **Please note, this test is NOT performed in our primary Scurlock Tower location.**
- Do not wear lotions, oils, or powders on your chest area. Do not wear perfumes or body sprays. Wear a comfortable two-piece outfit and do not wear jewelry on the day of your test.
- Bring your photo ID & insurance card(s).
- Bring your medications with you to your appointment.
- No nitroglycerin patches or oral nitrates: Isordil, Isosorbide, and Imdur.
- Take all unrestricted medications as you normally would.
- This test cannot be done if you are pregnant.
- If you are claustrophobic or have a problem with being in a restricted environment for any length of time, please consult your primary care physician prior to your appointment.
- If you have trouble raising your arms over your head for several minutes at a time, let us know.

CANCELLATION

- You must notify us at **713.790.0400** if you need to cancel your appointment; special testing isotopes must be ordered for each individual patient. Failure to notify our office 24 hours prior to your test will result in a \$300.00 missed appointment fee that will be charged to you directly.